

## REPOSITIONING CARD

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Stamp of the entity and the date

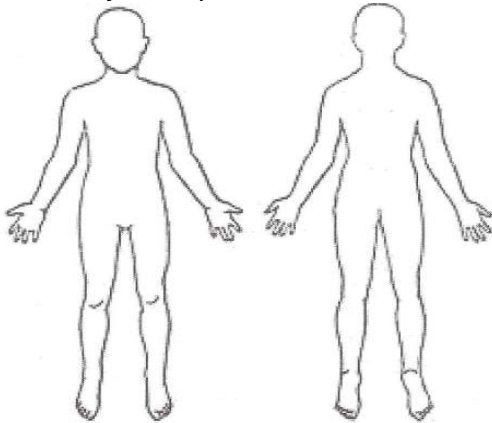
First name, last name .....

Personal support worker

Card number

Nurse/treatment provider

Areas subject to pressure ulcers/sores



**Basic principles of pressure ulcer prevention:**

1. Hydration
2. Nutrition
3. Changing body position
4. When changing position avoid friction and pressure points on the body

**NOTICE!**

The area with the pressure sore must be relieved  
\*If the patient has pressure sores mark the areas on the drawing

Time	Date				Date				Date				Date				Date											
	Right flank	Back	Left flank	Other	Right flank	Back	Left flank	Other	Right flank	Back	Left flank	Other	Right flank	Back	Left flank	Other	Right flank	Back	Left flank	Other	Right flank	Back	Left flank	Other				
7.00																												
7.30																												
8.00																												
8.30																												
9.00																												
9.30																												



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